

# Speaking up about problems



If you have a problem or you are unhappy with the support you are getting from services through the NDIS.

It's good to talk to someone you trust and who can help you sort it out.



You can talk to a:

- Family member/friend
- Key Worker
- House Supervisor
- Or an Advocate



They can support you to contact the NDIS Quality and Safeguards Commission who can help to fix your problem.

NDIS Quality and Safeguards Commission  
1800 035 544 or go to  
<https://www.ndiscommission.gov.au/>



NDIS Quality  
and Safeguards  
Commission