

Come & Try Activity Booking Sheet

Having a Say Conference June 15th, 16th & 17th 2021



Name:

Organisation:

Address: Postcode:

Phone: Email:

Participants who are attending all 3 days of the conference have the opportunity to do TWO 'Come & Try Activities' (C&T).

If you are only attending for 1 day you will have the chance to choose ONE 'C&T Activity'.

In the 'Your Choices' column put the number 1 next to the activity you would like to do the most & number 2 in your second choice, then put in a 3rd & 4th choice (just in case your first and second choices are full)



Does this person / or any of your group use a mobility aid (eg: walking frame) or a wheelchair, if so, please tick ✓ in the wheelchair column.

If you are able to transfer to a regular seat, please put a **T** in the wheelchair column.

ACTIVITY	DESCRIPTION	ACTIVITY TIMES <i>(please circle if you have a preferred time)</i>	YOUR CHOICES	✓
ART 	Are you a budding artist? Come along and join in on the fun while you create your masterpiece	Tues 1.30 – 2.30pm Tues 3pm – 4pm		
BADGE MAKING 	Let your creative talents shine through on your personalized badge	Wed 11 – 12pm Thurs 9.30 – 10.15am		
CARD MAKING 	Get 'crafty' with Woodbine crew & make a card for someone you care about.	Wed 11am – 12pm		
COLOURING IN FOR ADULTS 	Try out the latest trend and relax while you colour	Tues 1.30 – 2.30pm Wed 3 – 4 pm Thurs 10.45 – 11.30am		
CREATIVE WRITING 	The team from Scope will help you to begin writing and telling your story.	Tues 3 – 4pm		
Dream Catcher 	Learn how to make a dream catcher. They say it can help you to have a peaceful sleep and good dreams	Tues 3 – 4pm Wed 11 – 12am		
HAIR & MAKE-UP 	Here's your chance to be pampered! Have your hair & make-up done for the Disco	Wed 3 - 4pm		
GENTLE TANGO 	Learn how to do the tango and do some exercise at the same time	Tues 1.30 – 2.30pm Wed 3 – 4pm		

INDOOR ADAPTIVE GAMES 	The team from Tri State Games will teach you a variety of indoor ball games and quoits.	Wed 1.30 – 2.30pm Thurs 10.45 – 11.30am		
KARAOKE 	Have fun while singing the hour away to your favorite songs	Tues 3 – 4pm Wed 11am – 12pm Wed 1.30 – 2.30pm		
SELF-ADVOCACY BINGO	Have fun both sharing your knowledge and learning about self-advocacy in this game	Weds 1.30 -2.30pm		
SPEED FRIENDSHIP 	A great way to meet people from all over the country and make some new friends	Tues 1.30 -2.30pm Thurs 9.30 – 10.15am		

The Come & Try Activities (C&T) are a popular part of the Conference.

They give delegates a chance to relax and try something new.



Some people think they are what the conference is about, but they are really 'an added extra'.

C&T activities **should ONLY be seen as:**

- providing accessible alternatives to workshops & presentations for people who have not attended conferences before &/or who find participating in sessions difficult
- an opportunity for social interaction and networking
- an opportunity to try new activities and learn new skills

IMPORTANT INFORMATION



Please note:

- Your come & try activities will be printed on the back of your name tag
- Activities may be cancelled by the Organisers due to unforeseen circumstances
- Bring a **hat and sunscreen** for all outdoor activities



Come & Try Bookings CLOSE ON the 31st May 2021

Please return your completed Come & Try Activity Booking Sheet to VALID



Post: 130 Cremorne Street
Richmond Vic 3021



Phone: 03 9416 4003
1800 655 570 (Vic. Rural only)



Fax: 03 9416 0850



Email: havingasay@valid.org.au

DISCLAIMER:

The Organisers would like participants to note that these activities are offered as optional extras to the main conference program. While every precaution has been taken to ensure that all participants will be safe, individuals choose to undertake the activities at their own risk. Therefore the Organisers take no responsibility for any injury that may arise from participation in these activities.

VALID