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VALID

VALID e-newsletter issue #34

04/08/20

Media Release

People with a disability must be a care priority

Victorian disability advocacy organisations are calling on the Commonwealth and State Governments to give urgent priority to protecting people with disability from the grave risks of a COVID-19 outbreak, including residents in Victoria's 800 disability group homes. This call comes from VALID, the State's peak advocacy organisation for adults with intellectual disability and their families, and Women with Disabilities Victoria, the peak body for women with disabilities.

You can read the rest of the media release [here](#).

COVID-19 Update

Melbourne is now at Stage Four Restrictions. A curfew is now in place from 8pm - 5am every night. People are only allowed out for: work, exercise, health and care giving and essential shopping. When outside you must wear a mask.

Regional Victoria including Mitchell Shire will move to Stage 3 restrictions from

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We have created [Easy English resources](#) to help people keep up to date regarding the Coronavirus. We know that this is a hard time for everyone. Take care of yourselves and be kind to each other.

VALID Update

VALID is thrilled to announce the launch of its [new website](#)! We have created an [Events Calendar](#) highlighting all the great VALID programs and training we run. Also, it is much easier to become a VALID member and [support](#) all the work that we do. We are always looking for feedback and now you can provide it [here](#).

The VALID team has had a busy month as we continue to run online NDIS training for families and people with a disability. We have been promoting the Stories from Home project, encouraging people with a disability to share their feelings and experiences during the second lockdown in Victoria. We have extended the project and are asking people to send in five short pieces per month. You can find out more about Stories from Home [here](#).

Stories from Home



With so many of us isolated at home for the second time, this is another chance to reflect on our experiences and share our stories.

Use the monthly prompt below to tell us how you are feeling.

VALID in partnership with Writers Victoria Write-ability Program, is asking you to respond to the following prompt:

'I am sitting here and looking out my window and starting think about.....'

This time you have a month to submit four to five 50-word pieces of writing in any form (poetry or prose) and two photographs or drawings which capture your thoughts, ideas and reflections. Feel free to write about whatever you like.

We will post your work on our website and social media.

heather@valid.org.au

You can find out more [here](#)

National Disability Strategy



The National Disability Strategy came out ten years ago in 2010. As it was a ten-year plan it is now time for a review.

It was the first time all levels of Australian governments had come together to make a plan like this for all people with disability, all across Australia.

The strategy outlined the actions governments would take to build more inclusive communities, and make sure people with disability had the same opportunities as others in the Australian community.

Importantly it also set out what actions the government will take to make sure it lives up to its responsibilities under the UN Convention on the Rights of Persons with Disabilities.

Stage 1 of the process started last year with community consultations. As of this week they have started Stage 2 of the consultations.

They want to talk to people with disability and their families about

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There is a new Position Paper which outlines what people said in the first lot of consultations last year. You can find the Position Paper [here](#).

You can find out how to make a submission [here](#).

Get social with VALID

Have you liked our [Facebook page](#)? Like our page to keep up to date with the latest news in the sector and important updates. You can also find out more by following us on [twitter](#).

Did you know we have an [Instagram account](#)? Check it out and follow us!

What's on at VALID

Families as Planning Partners

[Online and multiple dates](#)

VALID Performing Arts Peer Action Group

[Friday 7 August](#)



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