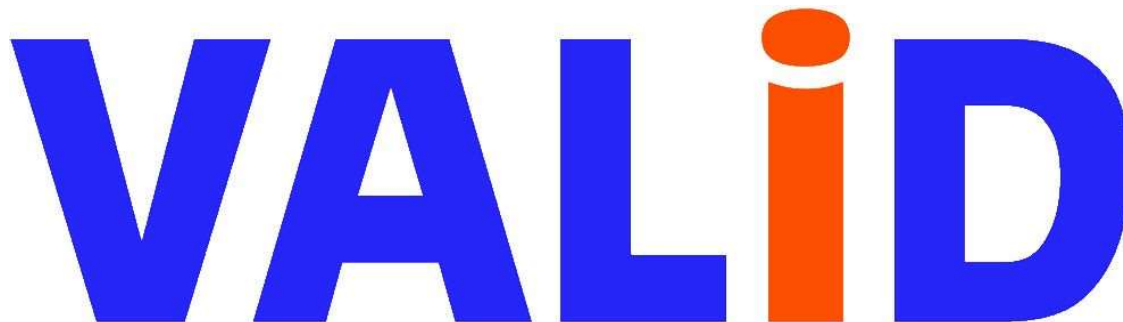


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VALID e-newsletter issue #32

28/05/20

Dear VALID supporter

The VALID team continue to work from home and are hard at work delivering programs and finding new and exciting ways to connect with people.

The Inclusion Point team are working on a project called Keeping Connected, as a way to stay in touch with each other. We have recorded meetings with staff and some people have sent us videos that we have edited and shared on our Facebook account. [Here's a video from our Deputy CEO David Petherick](#). If you would like to share a short video message, we would love to hear from you.

We have created an easy to follow flyer to help you get started. You can find the flyer [here](#):

## **Keys to Success**

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VALID is now delivering the Keys to Success Program (KSP) in an online format. This has involved adapting the current resources to make them accessible to people who are at home. We are currently working through the KSP course with Burke and Beyond and Knoxbrooke to fine-tune the online delivery. This has been an exciting challenge and we now have other services requesting the Keys to Success Program and Staying Safe course as online training courses for their participants. Some of the feedback from the Session with Bourke and Beyond has been really encouraging – “Well, I think that Jon is a great facilitator and the course is still really engaging over zoom, so I have been enjoying it a lot”. And “I like the conversation”, “I like watching the stories about others setting and achieving their goals” and “It’s been entertaining, inspiring and fun”.

If you would like VALID to deliver a Keys to Success program contact [jon@valid.org.au](mailto:jon@valid.org.au) or [zoe@valid.org.au](mailto:zoe@valid.org.au) or call 9416 4003.

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## [Staying Safe](#)

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Over the past several weeks All Abilities Advocacy has been hosting VALID to deliver the Staying Safe presentation. VALID has redeveloped the presentation into 6 sessions for online delivery and the sessions have been presented using ZOOM. The Staying Safe topics include Human Rights, neglect and financial, emotional, physical and sexual abuse.

Participants have given us lots of positive feedback, saying they appreciate the gentle and considered delivery of the information and conversations each week. Some participants have said “sessions like this help us to understand our rights” and “It’s good to talk about abuse and neglect, it can be hard to bring up, so it’s good to practice in a group”

Becky Rose said "I found the staying safe training workshop very educating, full of information to help me to look out for abuse and neglect. I know now what to do if it should ever happen to me or someone else; speak out more about it. It made me feel sad a bit because it reminded me about my past when I’ve been bullied and abused. It still happens to me to this day but at least I know what to do now thanks to this wonderful workshop, thank you VALID”.

If you would like to host a Staying Safe session contact [jon@valid.org.au](mailto:jon@valid.org.au) or [zoe@valid.org.au](mailto:zoe@valid.org.au) or call 9416 4003..

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### **[What does post COVID-19 look like?](#)**

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The Inclusive Community Development Network (ICDN) provides opportunities for people committed to building more inclusive communities to come together to share ideas, reflect on community development practice, hear from others working across a range of community contexts and provide a platform for influencing policy and practice.

The ICDN met on Thursday 30 April to discuss 'How Can We Build Community Capacity for Inclusion and Connection During and Beyond COVID-19?' Over 45 people attended the zoom session with guest speaker Peter Kenyon from [Bank of Ideas](#). You can read more [here](#).

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## [Stories from Home](#)

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During the months of May and June 2020, VALID in partnership with Writers Victoria Write-ability Program, will be posting a weekly theme on our website and social media for you to write 50 words or less. With so many of us isolated at home, this is a chance for us to reflect on our experiences and share them with others through our writing. The theme for this week is 'The Future' - What are the things you are looking forward to when we get through this pandemic? Submit your story by **Friday May 29** to [heather@valid.org.au](mailto:heather@valid.org.au) or via Facebook Messenger through VALID Facebook page. You can find out more about Stories from Home [here](#).

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### [Putting theory into practice](#)



Recently, we received a letter from Liz on behalf of herself and her son, Cam. They both took part in the Families as Planning Partners training, run by Annette from VALID. The training provided Liz and Cam with the information and tools to help them re-apply for the NDIS after being rejected. [Here is her letter.](#)

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**NDIS: What's working and what's not? Every Australian Counts wants to hear from you**





The NDIA have introduced lots of changes in the last few weeks to try and help people with disability and their families get through this difficult period. Our friends at Every Australian Counts want to know what's working and what's not – and what still needs to change.

So they have put together a short survey to ask you how things are going and if you are getting the support you need.

They know everyone has a lot going on at the moment. So the survey is short. You can say as much or as little as you want.

[You can fill out the survey online here.](#)

[Or download the Easy Read survey here.](#)

Every Australian Counts will make a report and use the results to keep pushing for the changes you need with the NDIS.

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## What's on at VALID

Families as Planning Partners  
training

[Multiple dates and locations](#)



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