

**Empowering  
people to speak  
up and lead  
their life**

## Families NDIS Training

### Families as Planning Partners

#### The Team

The VALID Families Team members are all parents of people with disability who are participants of the NDIS. Our training is delivered from a 'peer' perspective using personal experience and knowledge to support families. Team members are trained in person-centred planning, working with families and facilitation.

#### The Course

The Families as Planning Partners Course assists family members to:

- Empower their family member with a disability

to have a good life

- Understand the way the NDIS and the disability support system works
- Understand the range of NDIS plan management options and responsibilities
- Develop strong person-centred plans with/for their family member with a disability
- Gather important evidence to support the case for NDIS funding
- Build collaborative and positive working relationships

[www.valid.org.au](http://www.valid.org.au)



## Course Content

The course has 4 sessions. During the course, families can choose to develop a 'whole of life' Person-Centred Plan (PCP) and/or an updated version of their NDIS Plan.

## Course Duration

The course sessions are approx. 4 hours long, are usually held during the day but can be conducted in the evening.

## NDIS Information Sessions

A range of one-off and stand-alone information sessions can also be tailored to suit the needs and interests of families.

# VALID

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## Session 1

### NDIS and the role of family members

- NDIS and planning
- NDIS and Supported Decision Making

## Session 2

### Getting your point across effectively

- Communicating within the 'system'
- Negotiating with the system
- Orientating and monitoring staff

## Session 3

### Person Centred Planning

- Benefits of the Person-Centred Plan (PCP)
- PCP and the NDIS plan
- Preparing for NDIS Plan Reviews

## Session 4

### NDIS Processes

- How the NDIS funding process works
- Roles and responsibilities in managing an NDIS funding package
- Engaging and purchasing services, including Service Agreements