

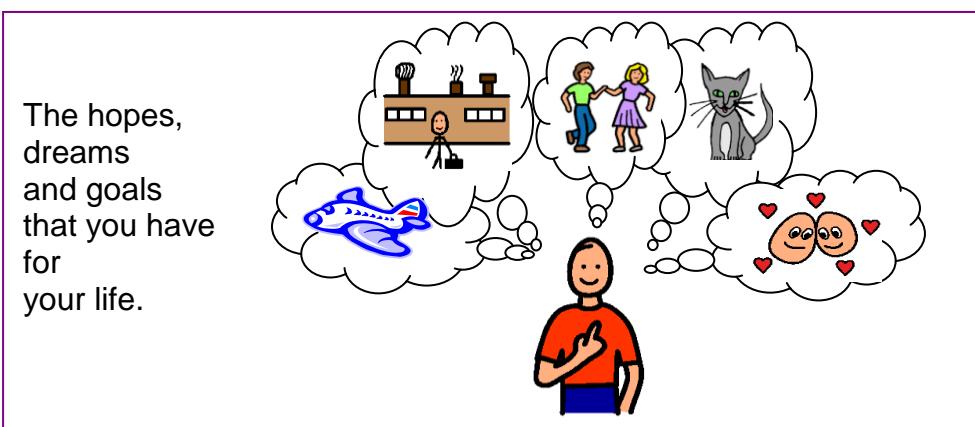


People with a disability (you) can ask a service or the DHHS (Department of Health & Human Services) to assist them with planning.



## What are plans about?

You may want to do a plan about:



Things you need to support you

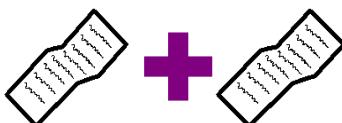


Your goals & needs at a service

You can have one plan that talks about everything you do and includes all the services you go to.



Or you can choose to have different 'plans'.



## What is a Support Plan?

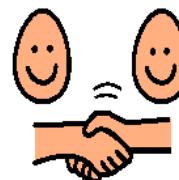
If you use a service regularly (often), you should have a 'Support Plan'.



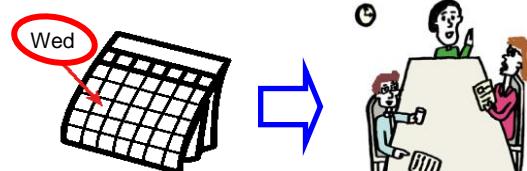
A 'Support Plan' is about your goals and the support you get from a service.



A Support Plan is an agreement between you and the people/service who support you.



When you start a new service they must do a Support Plan within 60 days.



## What are the rules (principles) for making plans?

You should know that under the Disability Act 'Plans' must:

