

Families as Planning Partners Course

is a six week course for families of children/adults with disability
to be held one session on each of the following dates

Friday 2nd, 9th 16th, 23rd & 30th May; & 6th of June 2014

from 9.45am - 2pm

at Ison House, 4 Recreation Close, Werribee (behind Sensory Garden)

**Do you want to be informed & empowered about
the supports & services you use?**

This Course is aimed at assisting families to:

- **understand their role**
- **get prepared for the NDIS and/or**
- **look at options for funding now**
- **explore real 'planning' & how it can change outcomes**
- **feel more 'in control' of the process**
- **meet others & share information**



Presenter:

Christine Scott has many years working with the disability 'system', along with personal experience as a parent of a young adult with a disability who is part of the NDIS.

Christine works at VALID and has extensive experience in supporting families, advocacy and extensive training in person-centred planning.

Information & To Register

Registrations close on the 28th April

Christine or Brenda
VALID, 235 Napier St, Fitzroy
ph: 9416 4003
email: christine@valid.org.au

Limited places are available

Families as Planning Partners Course - Werribee

The course will be conducted **once a week** from 9.45am - 2pm over 6 sessions
from **Friday 2nd May - 6th June 2014**

Venue: 4 Recreation Close, Werribee (behind Sensory Garden)

A light lunch is provided, but please advise us of any special dietary needs

The dates & main content of the six sessions are:

Friday 2nd May 2014

Session 1. *Exploring our role*

- What is my role as a parent/family member?
- What gets in the way of me effectively undertaking this role?

Friday 9th May 2014

Session 2. *Getting your point across effectively!*

- Becoming aware of how I communicate
- Effective communication... becoming assertive

Friday 16th May 2014

Session 3. *What is a Plan & Why have one?*

- Person-centred planning & when how it is useful to you
- Types of plans & which might suit your situation

Friday 23rd May 2014

Session 4. *Moving from Planning to purchasing supports?*

- ISP's & NDIS - what is available & what is the process
- Choosing - planners, services & supports

Friday 30th May 2014

Session 5. *Promoting independence & empowerment!*

- Promoting the self-advocacy of your family member?
- Involving your family member in planning & meetings

Friday 6th June 2014

Session 6. *Consolidating your plan & strategies!*

- Useful planning tools & resources
- Putting you own 'plan' (including goals) together

Limited places are available. Send the attached EOI to VALID by 28th April 2014

Christine or Brenda ph: 9416 4003 or email christine@valid.org.au

Families as Planning Partners Course - Werribee

Expression of Interest (EOI) Form

for

Werribee course 2nd May - 6th June 2014

First name		Surname			
address					
		postcode			
telephone		mobile			
email					
Special dietary needs?					
Some info for our Statistics (Note: no identifying info is given to anyone else)					
Your age group?	under 39yrs	40 - 60yrs	over 60yrs		
Son/daughter age group?	5 or under	At school	18+		
I currently have package	Early Intervention / Autism	ISP - Indiv Supt Pkge	NDIS	none	unknown
Confirmation of your place?					
If you miss out on this course do you consent to VALID keeping your details only for the purpose of sending you information on other courses in the future?			yes	no	
As there are only 12 places in the course, VALID will ring or email you if you are successful in securing a place.					
** However, if you don't hear from us, please contact us to make sure something hasn't gone awry.					
Please return your EOI by the 28th April 2014 to VALID					

Return EOI to or for More Information:

VALID, 235 Napier Street, Fitzroy Vic. 3065

Phone: (03) 9416 4003

Fax: (03) 9416 0850

Freecall (rural clients/families) 1800 655 570

Email:

office@valid.org.au

Website: www.valid.org.au

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