



# Disability Act Information Sheet 3



## PLANNING

People with a disability (you) can ask a service or the DHS (Dept. Human Services) to assist them with planning.



### What are plans about?

You may want to do a plan about:

The hopes, dreams and goals that you have for your life.

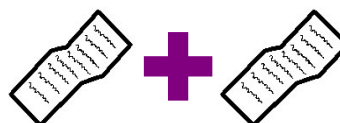
Things you need to support you

Your goals & needs at a service

You can have one plan that talks about everything you do and includes all the services you go to.



Or you can choose to have different 'plans'.



## What is a Support Plan?

If you use a service regularly (often), you should have a 'Support Plan'.



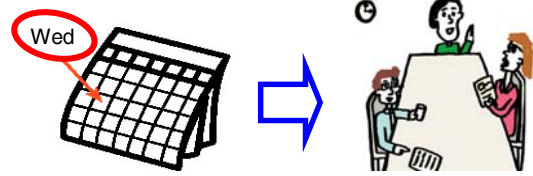
A 'Support Plan' is about your goals and the support you get from a service.



A Support Plan is an agreement between you and the people/service who support you.



When you start a new service they must do a Support Plan within 60 days.



## What are the rules (principles) for making plans?

You should know that under the Disability Act 'Plans' must:

*Give you choices*

*Involve your family & friends if you choose*

*Be put together in a way that you like*

*Support you to be part of the community*

*Look at all services and supports*